

Wu-Wei

To anyone looking for this text to rehash many of the basic terms of Taoism, then I suggest be-bopping over to the *expectations* section.

No one person can know or represent the vast amounts of literature covering Taoism. Attempting to do so is counter-productive to accepting the Tao. As a result the core version of this book does not discuss directly the Yin and Yang, Chi, Wu-Wei, Zhenren or ten thousand other possible Taoist topics. Very few direct references to traditional Taoist terms are used in this book. Spending energy to associate old names and trying to understand how it all relates would make the “**process**” of learning more important than just relaxing and being yourself.

To some: this approach will be an incentive to explore the additional wonders of the older texts. For others: this style will make the discovery of the Tao a very simple process.

Taoism has no requirements of degrees, exceptional backgrounds or previous knowledge.

Touching the Tao takes only a single breath.

Learning the Tao is simply

Moving
with Heart

Tracing the Spirit

p.s.

Nothing is ever missing

===== Finding Answers =====

Between here and there in time, in the about now, it becomes time to answer the questions about Taoist terms such as Wu-Wei.

Since when does the world flow according to our statements of fact?

Wu-Wei means “*not doing*”, means “*action thru inaction*”, means “*Spontaneity*”, means “*action without directed intention*”, means... I have read pages upon pages on what Wu-Wei means, what it might mean, how the meaning varies upon scholar or parrot,

and...

Now know...

Moving backwards

... it means: **nothing**.

Now after telling you,

other questions pop up: “*how does that relate to Tao?*”, “*how do I not act, and get something done?*”, and, and... And questions upon questions then pile up, each question taking a person one additional question further away from understanding the Tao.

Re-wind time: if I don't define Wu-Wei, the reverse happens, bringing it all one step closer as the directed action has been removed. Instead within an ongoing gradual conversation between you and I, spread across the pages is a more natural way of discovering Wu-Wei; as in reality, Wu-Wei is weaved throughout the entire book.

Hence by the end of the book you will fully understand Wu-Wei without having to know its Wu-Wei¹ and to the Taoist that's the ultimate in Wu-Wei.

(1) It makes sense as when you stop trying, becomes the point Wu-Wei kicks in and everything typically comes together as if it all were planned, yet the only planning is common sense .